Fact: Nearly 44 million adults experience mental illness in a given year.¹

1 in 100 (2.4 million) American adults live with schizophrenia.¹

1 in 100 (2.4 million) American adults live with schizophrenia.¹

2.6% (6.1 million) of American adults live with bipolar disorder.¹

6.9% (14.8 million) of American adults live with major depression.¹

18.1% (42 million) of American adults live with anxiety disorders.¹

Prevalence of Mental Illness by Diagnosis

1.1% 2.6% 6.9% 18.1%

1 in 100 (2.4 million) American adults live with schizophrenia.¹

2.6% (6.1 million) of American adults live with bipolar disorder.¹

6.9% (14.8 million) of American adults live with major depression.¹

18.1% (42 million) of American adults live with anxiety disorders.¹

Consequences

8.4m

Approximately 8.4 million adults have co-occurring mental health and addiction disorders.¹

26%

Approximately 26% of homeless adults staying in shelters live with serious mental illness.¹

24%

Approximately 24% of state prisoners have a recent history of a mental health condition.¹²

Impact

1st

Depression is the leading cause of disability worldwide, and is a major contributor to the global burden of disease.⁴

-$193b

Serious mental illness costs America $193.2 billion in lost earning every year.²

90%

99% of those who die by suicide have an underlying mental illness. Suicide is the 10th leading cause of death in the U.S.⁵

Treatment in America

60%

Approximately 60% of adults with a mental illness received no mental health services in the previous year.¹

50%

Almost one-half of youth ages 8-15 with a mental illness received no mental health services in the previous year.¹

Ways to Get Help

Visit NAMI.org

Learn more about mental illness

Talk with your doctor

Connect with other individuals and families

Follow Us!

facebook.com/officialNAMI

twitter.com/NAMIcommunicate

Mental Health Facts

IN AMERICA

One-half of all chronic mental illness begins by the age of 14; three-quarters by the age of 24.

- The document is a public domain created by the National Alliance on Mental Illness (NAMI).
- Statistics provided by Department of Justice.
- Statistics provided by Department of Justice and the Substance Abuse and Mental Health Services Administration.
- This document cites statistics provided by the National Institute of Mental Health (www.nimh.nih.gov).
- This document cites statistics provided by the National Institute of Mental Health (www.nimh.nih.gov).