The purpose of the NAMI-New York State shall be to serve as an alliance of local mutual support, advocacy, self-help groups and individual members at-large dedicated to improving the quality of life for people with serious mental illness and to the eventual eradication of the severe effects of mental illnesses.

Present:

<table>
<thead>
<tr>
<th>Ann Canastra</th>
<th>Excused</th>
<th>Stamatia Pappas</th>
<th>X</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ariel Coffman</td>
<td>X</td>
<td>Lynda Regan</td>
<td>X</td>
</tr>
<tr>
<td>Sue Gagne</td>
<td>X</td>
<td>Rina Riba</td>
<td>X</td>
</tr>
<tr>
<td>Ceceile Green</td>
<td>X</td>
<td>Ellen Ritz</td>
<td>X</td>
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<tr>
<td>Colleen Johnson</td>
<td>X</td>
<td>Dhanu Sannesy</td>
<td>X</td>
</tr>
<tr>
<td>Rob Laitman</td>
<td>X</td>
<td>Irene Turski</td>
<td>Excused</td>
</tr>
<tr>
<td>Jayette Lansbury</td>
<td>X</td>
<td>Evelyne Tropper</td>
<td>X</td>
</tr>
<tr>
<td>MaryJo Muscolino</td>
<td>X</td>
<td>Judy Watt</td>
<td>Excused</td>
</tr>
</tbody>
</table>

Other: Wendy Burch, Executive Director, NAMI NYS.

Called to Order by Ariel at 5:15pm.

**Motion** to accept the Amended Agenda (added Legislative Report) by Evelyne. Seconded by Stamatia. **Approved.**

Voted for: 13

SARDAA Letter Sign on discussion. Schizophrenia was not selected by SARDAA this year. Others were chosen.

**Motion** to send the letter of support endorsing the letter dated Aug. 28th, 2018 from SARDAA to the US Centers for Disease Control and Prevention to support the effort to have schizophrenia reclassified as a neurological condition by Lynda. Seconded by Evelyne. **Approved** 13. Abstaining: MaryJo

**Motion** to allow NAMI NYS to sign on to endorsing schizophrenia spectrum disorders as neurologic conditions by Rob. Seconded by Evelyne. **Approved.** 13

Voted for: Abstaining MaryJo

**Strategic Plan Next Steps.** There was a workshop facilitated by NAMI National that reviewed their strategic plan. A document was distributed at the workshop-it is available on-line. The three goals are: People get help earlier. People get the best possible care. People getting diverted from the justice system.

National sent out a survey to get information back from the state/local levels. The template is available for us to utilize at the state level.

If anyone is interested in serving on the strategic planning committee, please contact Sue.

**By-Laws Discussion.** The draft bylaws were distributed that were worked on by Probono. Proposed by-laws information sheet was also distributed that identified required board input. Ellen reported that many hours were put into this with the attorneys. State laws override what we have in our bylaws currently. The following sections were discussed:

- Article V, Section 3. First Degree Relatives.
- Article V, Section 4 Term Limits.
- Article V, Section 7 Vacancies.
- Article VI, Section 3 Special Meetings.
• Article VI, Section 7, Director’s Absences.
• Article II, Finance, Section 2 Dues, (A) Affiliate Dues.

The proposed language has been consulted with an attorney and generated out of those discussions. Changes have to be approved by the board. The proposed changes will go out to the membership 30 days prior to the annual meeting. There will be time to review. And a phone conference will be held to vote on them within the next two weeks.

**Board Sexual Harassment Training.** The staff has been trained in sexual harassment (See Executive Directors report). Board members are expected to review the distributed handouts from Harassment training 2019. Be aware of the impact that words have, especially with familiarity with staff. An attestation will be sent out to the board.

Break at 6pm — Start up at 6:15

OMH Audit Response—submitted on June 78, 2019. The corrective template was distributed to the board. Wendy highlighted:

*Ensure that, at a minimum, competitive bidding practices comply with the general provisions of the NYS Aid to Localities Spending Plan Guidelines (i.e., three telephone quotes are obtained for purchases between $5,000-$25,000 and at least five written bids are required for purchases in excess of $25,000). Ensure that a contractual representation agreement is established for extended legal services so that the fee structure and services to be provided are clearly defined.*

Ann, chair of the Audit Committee and Ariel, board president reviewed before response was sent to OMH. This is for board members only. There should be no sharing of this document.

If you have questions about anything that is outlined in the report, they need to be directed to Ariel or Ann. There are procedures to contacting OMH. They will be redistributed to the board by Ann.

**Programs Discussion.**

• Ariel has been approached with a few concerns. Program related concerns should be brought to Wendy’s attention first. Ellen-chair/Dhanu-vice-chair of the program committee. Those should be the first lines of communication.
• Affiliates have been asked to send the point of contacts information. That does not always happen.
• There is a Program Committee meeting (on Zoom) coming up next week. There will be updates on the conference, any new issues that they need to be aware of.
• A draft of a “Request to Host Regional Training” form was distributed to the board and will be talked about on the call. This will streamline the process-and layout and provide a way for NAMI-NYS to pre-approve any expenses. A three month lead time was asked for anyone who wants to have a regional training.
• The form will be a jumping off point to begin the back and forth. Affiliates are encouraged to work together.
• Where are the trainers in NYS? Dhanu/Ellen plan on connecting with Wendy to find out where the trainers are located in the state.
• Tammie is the program person point contact for administrative pieces (certificates, etc). Tina is more of a reviewer. Currently the roles of Tina & Tammie are being clarified in the office.
• Ellen & Dhanu will work on writing up a description of the Program Committee. They will also reach out to Wendy to discuss.

Non functioning committees should be discussed. (Combining, shifting, etc.) Ariel will connect with the Executive Committee to talk about how committees should be structured.

**New Business**
Development Committee:

- A relationship has been developed with Showtime – sports focused-executives. Ann and Matt attended dinner with them at the conference. There is an opportunity to be collaborative with them and some of the sports people who have mental health issues.
- Would like NAMI NYS to come down to an event in August-Ann will follow up.
- Possibly partnering with them for the fashion show.
- Showtime is doing a lot with Mental Health. They are interested in doing more. Brain injury from sports-depression can follow. They want to look at how the families are impacted and their perspectives.
- Discussion over Ron Artest, Basketball Player who is also known as Meta World Peace. There is concern over his history of violence. Quiet Storm is a documentary on this. Board members were encouraged to do more research on him.

Executive Director’s Report. Wendy submitted a written report.
Government Affairs and Advocacy Update. Written report was submitted. Ariel highlighted Nicole’s Law-please review.

Motion to adjourn at 7:18 pm by Dhanu. Seconded by Ellen  Approved: 13

Respectfully Submitted,

Sue Gagne
Secretary